



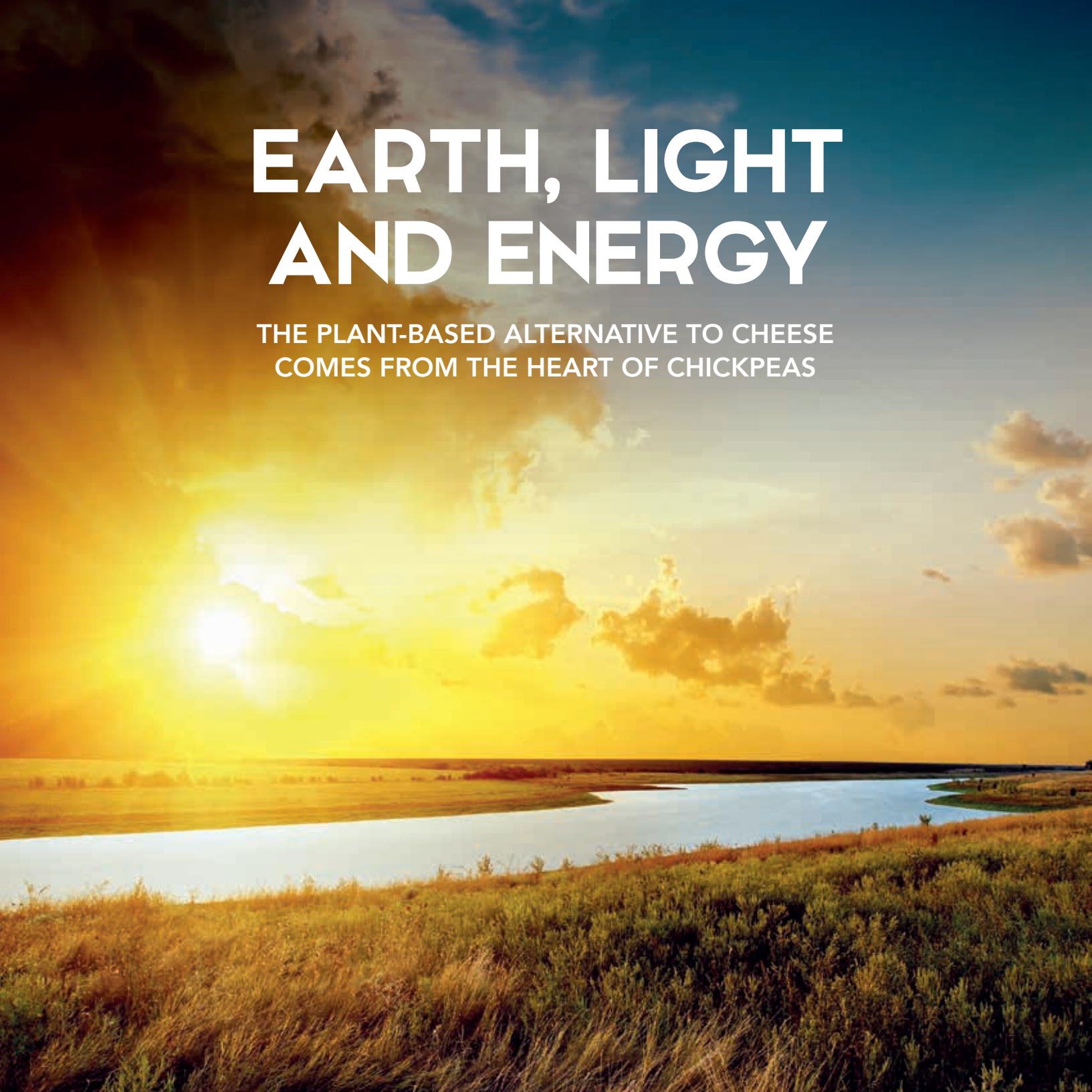

ITALIAN PLANT BASED FOOD

www.porto-via.it



EARTH, LIGHT AND ENERGY

THE PLANT-BASED ALTERNATIVE TO CHEESE
COMES FROM THE HEART OF CHICKPEAS





EARTH, LIGHT AND ENERGY

The plant-based alternative to cheese comes from the heart of chickpeas.

We forget this too often. Our Earth radiates energy: it transforms it into beauty and vitality that we call Nature. In order to integrate with its flow, we must respect it and attune ourselves with its breath, its rhythms, its pulse.

We reap rewards from the Earth from the moment we choose to sustain it. Technology and progress may advance but no discoveries or innovations have been realized without respecting the laws of Nature.





From the vitality of Nature, we have created a new line of plant-based products as an alternative stringy or grated cheese, based on fermented chickpeas.

The new range of plant-based foods brings all the benefits of legumes.



WHY CHOOSE US?



SUSTAINABILITY

We only use organic chickpeas which are locally sourced and harvested within 20 km of our headquarters, located between the provinces of Parma and Reggio Emilia.



AWARENESS

Our cheese alternatives are 100% plant-based and contribute to a healthy and mindful diet. The consumption of legumes and chickpeas in Italy has increased by 47% in the last decade.*



VALUE

We process chickpeas in their Aquafaba ++ which is richer than standard chickpea water because it comes from fermented chickpeas. Rich in taste and prebiotic value.



Special because...

- 100% Plant-Based
- Made from fermented chickpeas
- 100% organic Italian chickpeas
- No colouring agents. Only fruit nectar
- No preservatives
- Only natural flavours
- Texture comparable to cheese
- Stringy even when baked (domestic oven)
- Melts in minutes
- Medium-long shelf life

Did you know?

Chickpeas represent a completely sustainable choice for the future. Chickpea plants reduce soil erosion and improve soil quality by taking nitrogen from the air and transferring it to the land. In many cases, they eliminate the need for fertilizers.

What is Aquafaba?

Aquafaba originated as chickpea cooking water or as a food stabilising water and can be used in cooking for sweet or savory recipes instead of egg whites. Our Aquafaba++ is even richer because it comes from the vigorous extraction of nutrients from fermented chickpeas.



AQUA
FABA++



da CECI
ITALIANI
SOSTENIBILI

PRODUCT RANGE

HARD CHEESE

All Portovia plant-based products are made from chickpeas fermented by microorganisms which are also naturally present in dairy products.

Grattosino

100% plant-based alternative to grated cheeses.

Made from organic fermented chickpeas - 100% Italian, milk-free and gluten-free, perfect for all dishes as an alternative to cheeses.

Perfect for velvety risottos and to enhance vegetarian main courses.

OPTIMAL FOR
MAIN COURSES

PERFECT RESULTS

100% Plant Based



SHELF LIFE: 150 days

WHOLE 1,2Kg



SHELF LIFE: 150 days

WEDGE 200g
to be grated

This makes the products highly digestible and easy to absorb and contributes to their function as a prebiotic.

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FABA++



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PRODUCT RANGE

HARD CHEESE

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OPTIMAL FOR
MAIN COURSES

PERFECT RESULTS



INGREDIENTS

Starches, AQUAFABA++, high oleic sunflower oil, cocoa butter, apricot nectar (apricot puree, water, cane sugar), potato starch, potato flakes, dry yeast flakes, salt, natural flavors, onion, garlic.

POTENTIAL ALLERGENS

(Reg. CE 1169/2011 - All. II): NONE

SHELF LIFE: 75 days

NUTRITION FACTS 100 g

Energy value	273 Kcal/1143 KJ
Fats	12,60g
of which saturates	4,40g
Carbohydrates	35,80g
of which sugars	0,50g
Fiber	5,00g
Proteins	1,68g
Salt	2,06g

available
PACKAGING



DOYPACK
Grated
150gr



BAG
Grated
500g
1Kg

100% Plant Based



This makes the products highly digestible and easy to absorb and contributes to their function as a prebiotic.

AQUA
FABA++



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PRODUCT RANGE

GRATED

All Portovia plant-based products are made from chickpeas fermented by microorganisms which are also naturally present in dairy products.

Filarella

DELICATA

100% plant-based alternative to melted cheese.

Made from organic fermented chickpeas - 100% Italian, milk-free and

- gluten-free, perfect for all dishes as an alternative to stringy cheeses. Ideal for delicious gourmet pizzas.

IDEAL FOR
GOURMET PIZZAS

PERFECT STRINGY QUALITY



available
PACKAGING



WHOLE
strand
500g
1Kg



DOYPACK
julienne
150g



BAG
julienne
500g
1Kg

INGREDIENTS

AQUAFABA++, starches, high oleic sunflower oil, rice protein, salt, natural flavorings, onion, thickener: E407

POTENTIAL ALLERGENS

(Reg. CE 1169/2011 - All. II): NONE

SHELF LIFE: 75 days

100% Plant Based



NUTRITION FACTS 100 g

Energy value	263 Kcal/1100 KJ
Fats	17,50g
of which saturates	2,20g
Carbohydrates	23,50g
of which sugars	0,75g
Fiber	2,90g
Proteins	3,71g
Salt	2,00g

This makes the products highly digestible and easy to absorb and contributes to their function as a prebiotic.



PRODUCT RANGE

GRATED

All Portovia plant-based products are made from chickpeas fermented by microorganisms which are also naturally present in dairy products.

Filarella

FUMÉ

100% plant-based alternative to smoked cheeses.

Made from organic fermented chickpeas - 100% Italian, milk-free and

- gluten-free, perfect for all dishes as an alternative to smoked cheese.
- Ideal for vegetable lasagna and delicious vegetarian main courses.

OPTIMAL FOR
MAIN COURSES

PERFECT STRINGY QUALITY



INGREDIENTS

AQUAFABA++, starches, high oleic sunflower oil, rice protein, salt, natural flavorings, liquid smoke, thickener: E407, dried onion powder, pepper.

POTENTIAL ALLERGENS

(Reg. CE 1169/2011 - All. II): NONE

SHELF LIFE: 75 days

100% Plant Based



available
PACKAGING



WHOLE
strand
500g
1Kg



DOYPACK
julienne
150g



BAG
julienne
500g
1Kg

NUTRITION FACTS 100 g

Energy value	263 Kcal/1100 KJ
Fats	17,50g
of which saturates	2,20g
Carbohydrates	23,50g
of which sugars	0,75g
Fiber	2,90g
Proteins	3,71g
Salt	2,00g

This makes the products highly digestible and easy to absorb and contributes to their function as a prebiotic.

AQUA
FABA++



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PRODUCT RANGE

GRATED

All Portovia plant-based products are made from chickpeas fermented by microorganisms which are also naturally present in dairy products.

Filarella

SAPORITA

100% plant-based alternative to melted cheeses.

Made from organic fermented chickpeas - 100% Italian, milk-free and

gluten-free, perfect for all dishes as an alternative to stringy cheeses.

Perfect for tasty gourmet burgers.

IDEAL FOR
PLANT-BASED BURGER

PERFECT STRINGY QUALITY



available
PACKAGING



WHOLE
strand
500g
1Kg



DOYPACK
julienne
150g



BAG
julienne
500g
1Kg

INGREDIENTS

AQUAFABA++, starches, high oleic sunflower oil, rice protein, salt, natural flavorings, colorant: E160b, thickener: E407

POTENTIAL ALLERGENS

(Reg. CE 1169/2011 - All. II): NONE

SHELF LIFE: 75 days

100% Plant Based



NUTRITION FACTS 100 g

Energy value	263 Kcal/1100 KJ
Fats	17,50g
of which saturates	2,20g
Carbohydrates	23,50g
of which sugars	0,75g
Fiber	2,90g
Proteins	3,71g
Salt	2,00g

This makes the products highly digestible and easy to absorb and contributes to their function as a prebiotic.

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ITALIANI
SOSTENIBILI



PRODUCT RANGE

HARD CHEESE

All Portovia plant-based products are made from chickpeas fermented by microorganisms which are also naturally present in dairy products.

Gourmi
BUONO COSÌ

Gourmi is the 100% plant-based alternative to hard and aged cheeses. Made from organic fermented chickpeas – 100% Italian, lactose and gluten-free. It is a delicious and tasty line enhanced with Italian selections. Perfect for tastings, appetizers and to add flavour to your dishes. Excellent in combination with jams and accompanying sauces.

IDEAL FOR
TASTING

100% Plant Based

TRUFFLE SELECTION



INGREDIENTS

Starches, AQUAFABA++, high oleic sunflower oil, cocoa butter, apricot nectar (apricot puree, water, cane sugar), potato starch, potato flakes, dry yeast flakes, salt, truffle, natural flavors, onion, garlic.

POTENTIAL ALLERGENS

(Reg. CE 1169/2011 – All. II): NONE

SHELF LIFE: 150 days

Net weight: 200g



NUTRITION FACTS 100 grams

Energy value	273 Kcal/ 1143 KJ
Fats	12,60g
of which saturates	4,40g
Carbohydrates	35,80g
of which sugars	0,50g
Fiber	5,00g
Proteins	1,68g
Salt	2,06g

This makes the products highly digestible and easy to absorb and contributes to their function as a prebiotic.



Gourmi
BUONO COSÌ



IDEAL FOR
TASTING

SELECTION OF SUN-DRIED
TOMATO AND CHILLI PEPPER



100% Plant Based



INGREDIENTS

Starches, AQUAFABA++, high oleic sunflower oil, cocoa butter, apricot nectar (apricot puree, water, cane sugar), potato starch, potato flakes, dry yeast flakes, salt, dried tomatoes, chilli, natural flavors, onion, garlic.

POTENTIAL ALLERGENS

(Reg. CE 1169/2011 - All. II): NONE

SHELF LIFE: 150 days

Net weight: 200gr



NUTRITION FACTS 100 grams

Energy value	273 Kcal/ 1143 KJ
Fats	12,6g
of which saturates	4,40g
Carbohydrates	35,80 g
of which sugars	0,50 g
Fiber	5,00 g
Proteins	1,68 g
Salt	2,06 g

PRODUCT RANGE

HUMMUS

All Portovia plant-based products are made from chickpeas fermented by microorganisms which are also naturally present in dairy products.

Hummus CLASSICO

Portovia Hummus is prepared entirely from 100% organic Italian chickpeas and natural ingredients. We only use Extra Virgin Olive Oil which is lactose and gluten-free. Prepared with Faba ++ Water, richer because it comes from fermented chickpeas. Portovia Hummus is ideal as an appetizer, served with salads and other dishes or spread on toasted bread as delicious crostini.

IDEAL AS AN
APPETIZER

CLASSIC HUMMUS

100% Plant Based



INGREDIENTS

Chickpeas, AQUAFABA++, extra virgin olive oil, tahina (sesame seeds, sunflower oil), lemon juice, salt, cane sugar, garlic, cumin, kummel.

POTENTIAL ALLERGENS

(Reg. CE 1169/2011 - All. II): SESAME

SHELF LIFE: 40 days

Net weight: 200gr

NUTRITION FACTS 100 grams

Energy value	241 Kcal/1001 KJ
Fats	16,80g
of which saturates	3,40g
Carbohydrates	13,80g
of which sugars	0,80g
Fiber	5,80g
Proteins	8,53g
Salt	1,20g

This makes the products highly digestible and easy to absorb and contributes to their function as a prebiotic.

AQUA
FABA++



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PRODUCT RANGE

HUMMUS

All Portovia plant-based products are made from chickpeas fermented by microorganisms which are also naturally present in dairy products.

Hummus
CIPOLLA
CAREMELLATA

IDEAL AS AN
APPETIZER

CARAMELISED
ONIONS HUMMUS

100% Plant Based



INGREDIENTS

Chickpeas, AQUAFABA++, extra virgin olive oil, caramelized onions, tahina (sesame seeds, sunflower oil), lemon juice, balsamic vinegar, salt, garlic, cumin.

POTENTIAL ALLERGENS

(Reg. CE 1169/2011 - All. II): SESAME

SHELF LIFE: 40 days

Net weight: 200gr

NUTRITION FACTS 100 grams

Energy value	216 Kcal/ 902 KJ
Fats	12,70g
of which saturates	2,70g
Carbohydrates	18,20g
of which sugars	5,90g
Fiber	4,50g
Proteins	7,24g
Salt	1,17g



This makes the products highly digestible and easy to absorb and contributes to their function as a prebiotic.

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Hummus

HOT CHILI

100% Plant Based



IDEAL AS AN
APPETIZER

HOT CHILI HUMMUS

INGREDIENTS

Chickpeas, AQUAFABA++, extra virgin olive oil, tahina (sesame seeds, sunflower oil), harissa, salt, white cane sugar, garlic, cumin, apple vinegar, chilli paste.

POTENTIAL ALLERGENS

(Reg. CE 1169/2011 - All. II): SESAME

SHELF LIFE: 40 days

Net weight: 200gr

NUTRITION FACTS 100 grams

Energy value	249 Kcal/ 1038 KJ
Fats	17,50g
of which saturates	3,60g
Carbohydrates	14,30g
of which sugars	1,10g
Fiber	5,50g
Proteins	8,67g
Salt	1,32g





GREEN FOOD IDEAS

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